



## **Arunachala is calling!**

We share love, fascination and devotion for the power of the mountain Arunachala in South India.

The place calls us "home". In Tiruvannamalai, at the foot of the Arunachala, deeper levels of consciousness can be revealed. We invite a small chosen circle, to discover the power of this place together.

***Invitation to the joint expedition***

***February 12th to 23rd, 2017***

### **The invitation**

We would like to take you to the Arunachala and provide an open format for self-experience and self-reflection in community. We'll share a house, some dedicated community time and an attitude of mutual support.

"The first time" India can hold many challenges. The first time at the Arunachala and in Tiru can so, too. Orienting yourself and understanding the power of the mountain, which is honored as Shiva, can be an intensive learning process. Our purpose is to share our knowledge of the place and our consciousness

with the handling of this special Shiva energy, the power of the transformative fire, as community and to make it thus possible for all of us, to arrive and dive into Tiruvannamalai.

### **Dates & Organization**

11th February – Leaving from Germany or other places

**12th to 23rd 14-day meditation, excursion and group experience in Tiru**

from 23rd to 26th travel on or/and join us in Auroville and the Ocean (optional)

27th of February, arrival back in Germany or travel on

We help you with the organization of your arrival to our home-base in Tiruvannamalai (where we will have a guesthouse and / or private house) where our small group (around 4-8 participants) finds accommodation and where we meet at sunrise and at sundown for meditation and sharings.

From immersion into this place and into ourselves, we'll weave a rich "carpet of experiences", which becomes visible through our exchange and connection in the group.

These morning and evening circles form the only fixed program. The rest will be open and co-created together.

We consider a number of optional additional programs, which we can then arrange individually depending on the interest with arrivals in the bus, rikshaw, bike or scooter.

Ideas are:

- Frequent visits to the nearby Ramana Ashram
- Trips to temples
- Walks to special places at the foot of Arunachalas and the mountain self
- Local art market, jams and parties / festivals
- Vegetable market in Tiruvannamalai
- Shiva Shakti
- Satsangscene

...

- We planned to extend the end of our time with a 3 day trip to Auroville and the Ocean. (early bookings can only be considered here)

Our host and local guide Prem will be in service for us to discover the place, where we need guidance.

### **Giving something back**

We would like to suggest the opportunity to "give back" to local projects. Below we have listed some social projects. Please get in touch with them directly upfront if you like to visit / support. Let us know if you need help reaching out to them or considering something in our general planning.

- [Heartkids Center Tiruvannamalai](#)
- [Arunachala Animal Sanctuary & Rescue Shelter](#)
- [Marudam Farm School](#)
- "Wild Ideas"
- WARM - [Welfare Association of Rural Mass Women's House](#)
- Quo Vadis - Inter-religious Dialogue Center

### Board/Eating:

Depending on our abilities and needs, we can cater for specific meals ourselves or take the many opportunities to care for our body in traditional Indian as well as modern, west-inspired restaurants.

Tiruvannamalai offers a relatively good infrastructure for restaurants and groceries.

### About us:



**Manuela Bosch** (born 1981) is a facilitator for group- and transformation processes ([www.manuelabosch.de](http://www.manuelabosch.de)).

She creates space for mutual exchange and reflection and gives inspiration to the intention and integration of the experience. She is the idea giver, organizer and facilitator, whenever needed. For sure she will guide the sunrise and sundown rituals.

**Prem Kumar lives** with his family in Tiru, he will host us and be our local guide when needed. Prem is a friend and most helpful person and he carries a great understanding of the western culture we bring.



**Arne Dietze** former Buddhist monk. Lived the last 12 years in total 4,5 years in Tiruvannamalai. Arne is supporting us upfront. We will know close to the time in Tiru, if he will be with us during this year or not. If he is there he will guide meditations.



### More about reading and watching:

[General information about the Arunachala / Tiruvannamalai](#)

[Fotostream Arunachala](#)

[Fotostream Ramana Ashram](#)

## **Costs and registration for the 11 nights in Tiru**

The idea is we take on our own costs, share all common costs and that there is a volunteer contribution for Manuela's organization and space holding service.

*Estimated costs per Person in Euros if we share with about 6 people:*

*11 Days Rent 5-10 Euro per night = 55,- (single) to 110,-*

*11 Days x Food about 5,- = 55,-*

*Local rikshaw transport = 20,-*

*Local Guide per Day Trip 7,- for i.e. 3 Trips = 21,-*

*Pocket Money, Donations 3,- per Day = 42,-*

*Suggested contribution to Manuela's service: 120,- to 180,-*

***Estimate basic costs between 320,- to 425,- for two weeks plus flight around 610,-***

*plus optional choices like:*

*Airport transfer Chennai - Tiru - Chennai instead of bus in Shared taxi 25,-*

*Rent Motor Cycles for Local transport: Shared about 15,-*

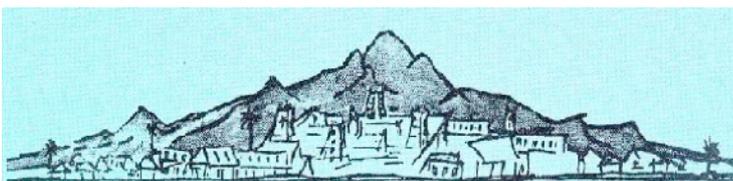
*Rent Bicycles for Local transport: about 15,-*

*Further Guided Trips for 7,- per Trip or other events.*

*Choose more expensive restaurants, superfoods regularly 5,- extra x 14= 70,- Shopping/ gift shopping, Bigger donations, etc.*

***Count optional 100,- to 250,- extra.***

***If you join us in Auroville, further costs occur, main factor will be accommodation.***



All these universes, humans, objects, thoughts and events are merely pictures moving on the screen of Pure Consciousness, which alone is real.

Shapes and phenomena pass away,  
but Consciousness remains ever.

~Guru Ramana, P. II, Ch. II.

**If you like to join us, we ask you to transfer a deposit of 150,- Euro.**

Do not book flights before, unless you will travel anyway. Usually flight-prices remain moderate until 7 weeks before the flight.

**Contact for Registration und further Questions:**

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